



# High-Risk Pregnancy Care

## Maternal Fetal Medicine

For more information or to meet with our experienced, compassionate team, please call

**Nassau**                      **Suffolk**  
**T: 516-632-4MFM**        **T: 631-923-1333**  
**516-632-4636**            **F: 631-923-1336**  
**F: 516-992-0802**

### Mount Sinai South Nassau Maternal Fetal Medicine

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**Mount  
Sinai  
South  
Nassau**

**Maternal Fetal  
Medicine**

[mountsinai.org/southnassau](https://mountsinai.org/southnassau)

All photos, with exception of cover photo, were taken prior to the COVID pandemic. Our practitioners and patients are required to wear appropriate PPE at all times.

Except where noted, models are used in photos and their appearance here is not reflective of a specific disease profile.



**Mount  
Sinai  
South  
Nassau**

**Maternal Fetal  
Medicine**

**The Maternal Fetal Medicine program at Mount Sinai South Nassau includes some of the area's leading specialists in high-risk pregnancies.**

From counseling before conception, to monitoring of your entire pregnancy, our Maternal Fetal Medicine Staff offers experience and expertise to ensure the best possible health for you and your baby.

### Care that makes a difference

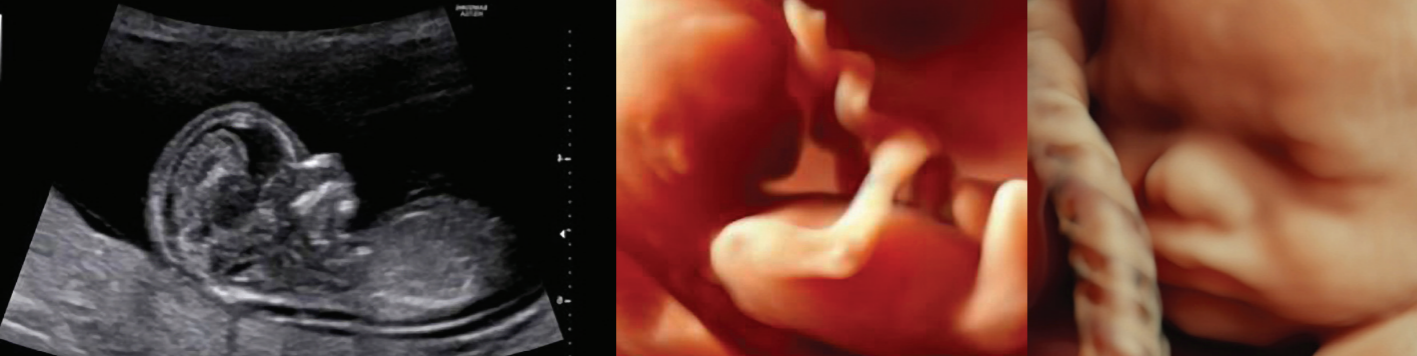
During all stages of development before your baby is born, we use advanced technology and tools, such as ultrasound, to monitor your baby's development. You and your unborn child have the support of a team of well-respected experts in high-risk pregnancies, to help monitor your pregnancy alongside your obstetrician.

**Mount Sinai South Nassau Maternal Fetal Medicine services are covered by most insurance plans.**



**Every day, our team of experts in high-risk pregnancies helps women who have:**

- Any pre-existing medical condition
- History of pre-term birth
- Cervical disorders
- Blood-clotting disorders
- Diabetes
- Gastrointestinal disease
- Heart disease
- High blood pressure
- Preeclampsia (high blood pressure and other symptoms related to pregnancy)
- Infectious diseases
- Kidney disease
- Lung disease
- Medication exposure
- Fetal anomalies



## Ultrasound Services

Ultrasound uses high frequency sound waves to create a 2D, 3D, 4D or 5D image of the uterus, cervix, placenta and fetus in order to monitor your pregnancy. They will typically be performed a handful of times throughout your pregnancy. They can be performed either abdominally or transvaginally. You may receive either a 2D, 3D, 4D or 5D ultrasound depending on your individual case and needs.

Ultrasound can be used to evaluate fetal well-being, detect fetal anomalies and monitor your baby's growth.



## Additional Services

### Genetic Counseling and Testing

Genetic counseling and testing, typically done through blood tests, provides information and support to women who are pregnant or planning to become pregnant to discuss possible genetic risks. By identifying these risk factors, such as advanced maternal age, inherited illnesses and disorders, chromosomal disorders, congenital anomalies and recurrent miscarriages, we can create the best possible care plans for our patients. When needed, invasive procedures are available.

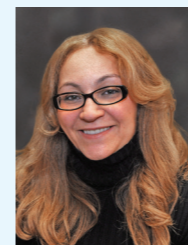
### Diabetes Education

Managing your diabetes can be difficult, especially when you're pregnant. By working with one of our Certified Diabetes Care and Education Specialists (CDCES), you can get the support you need. Our professionals will help by providing you with the skills, tools, and knowledge needed to successfully manage your diabetes, as well as provide medical and nutritional education that meets your individual needs.

### Pediatric Cardiology

If needed, we offer fetal echocardiography by a board certified pediatric cardiologist, a specialized ultrasound that allows the physician to see the structure and function of your unborn child's heart, in order to detect possible congenital heart defects or disease.

## About the Physicians



### Dina El Kady, MD, FACOG Chief, Division of Maternal Fetal Medicine

Dr. El Kady is board certified in Maternal Fetal Medicine and Obstetrics and Gynecology and has over 15 years of experience in the high-risk field. She earned her medical degree from New York Medical College. She completed her internship and residency in Obstetrics and Gynecology at The Brooklyn Hospital Center and a fellowship in Maternal Fetal Medicine at the University of California, Davis. Dr. El Kady is Director of the Division of Maternal Fetal Medicine.



### Jonathan Y. Rosner, MD

Dr. Rosner is board certified in Maternal Fetal Medicine and Obstetrics and Gynecology. He obtained his medical degree from SUNY Downstate Medical Center. Dr. Rosner completed his residency training at North Shore University Hospital and his fellowship at NYU Langone Medical Center. He is the Chair of the Obstetrical Performance Improvement Committee.



### Cheryl Dinglas, DO, FACOG

Board certified in Maternal Fetal Medicine and Obstetrics and Gynecology, Dr. Dinglas received her medical degree from the NYIT College of Osteopathic Medicine in Old Westbury, New York. She completed her residency in Obstetrics and Gynecology at NYU Winthrop Hospital and her fellowship in Maternal Fetal Medicine at Stony Brook University and NYU Winthrop Hospitals. Dr. Dinglas is the Director of Research for the OB/GYN department.



## Our Nursing Team

Our Maternal Fetal Medicine nursing team consists of highly qualified Registered Nurses. This skilled Fetal Monitoring Certified nursing staff assists the physician with fetal monitoring, administering medications, blood tests, collecting specimens, educating mothers and coordinating care plans for both mother and fetus, in order to ensure the best possible treatments.

## Our Sonographers

Our Maternal Fetal Medicine sonographers have advanced knowledge regarding various fetal conditions and anomalies and are skilled in identifying high-risk fetal conditions. They are registered in Obstetrical Imaging and credentialed by the American Registry for Diagnostic Medical Sonographers (ARDMS). Our Ultrasound Lab is AIUM (American Institute of Ultrasound in Medicine) certified.